



HUDDLE UP – IT'S FOOTBALL SEASON! SEPT. 7 – OCT. 24, 2026

Youth Flag Football at the Orangeburg County YMCA is fast, energetic, and built for skill development. Players learn route running, catching and throwing, defensive positioning, and game awareness in an exciting, non-contact format.

Practices emphasize fundamentals and teamwork, while game days create a competitive but positive atmosphere.

Our focus is building confident athletes who understand the game, compete hard, and support their teammates every step of the way.

SIGN UP TODAY!



IMPORTANT SEASON DATES

REGISTRATION: July 10 – August 23

LATE REGISTRATION: August 24 – Capacity

PRACTICE: Begins Week of Sept. 7-11

GAMES (6): Sept. 19, 26; Oct. 3, 10, 17, 24

Note: Detailed calendar and Q&A on back.

COST

Age	M	NM	Late Fee*
M=Member NM=Nonmember			
9-14	\$50	\$65	\$15

COACHES

We're always looking for great volunteer coaches! There's nothing more rewarding than teaching a child a new skill and watching their confidence grow. **Team coaches receive a 50% registration reimbursement.**

More information on back!

QUESTIONS

Contact Sports Director Ashley Fields at ashleyfields@columbiaymca.org

ORANGEBURG COUNTY YMCA

2550 St. Matthews Rd., Orangeburg, SC 29118 | 803.268.9622

columbiaymca.org/sports



2026 FALL FOOTBALL CALENDAR

July 10–Aug 23	Registration
Aug. 24–Capacity	Late registration – additional \$15 fee
Sept. 1	Team assignments, practice schedules, and virtual parent meetings made available.
Sept. 7	Game schedules posted
Sept. 7–11	Practices begin and take place Monday–Friday at 5:30, 6:30, 7:30 PM
Sept. 19	Game 1. Saturday games beginning at 8:00 AM
Sept. 26	Game 2
Oct. 3	Game 3
Oct. 10	Game 4
Oct. 17	Game 5
Oct. 24	Game 6

FREQUENTLY ASKED QUESTIONS. PLEASE READ.

LATE REGISTRATION

- Space is not guaranteed.
- Coach, teammate, and practice time requests are not guaranteed.
- \$15 late fee applies.

COACHES

- Coaches will receive a 50% reimbursement on registration.
- Indicate during registration if you'd like to be a head coach and begin the coaching registration process online (see Sports Director).

UNIFORMS

- Uniforms will be available for pickup at the YMCA front desk on your first night of practice. They will remain available for pickup through the start of the season.
- Mouth guards are required and cleats are strongly recommended.

OTHER

While requests cannot be guaranteed, we will do our best to accommodate preferences listed in the registration questionnaire.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



HOMESCHOOL SWIM & GYM

KEEPING KIDS ACTIVE, HEALTHY, & SOCIAL

Is your homeschooled child missing out on physical activity and social connections? The Orangeburg County YMCA Homeschool Swim and Gym program fills that gap! We offer planned individual and group activities, plus fitness assessments, all focused on swimming and sports for ages 4-12.

Your child will:

- **Develop essential social skills** through interaction with other homeschooled kids.
- **Improve fitness and coordination** with engaging physical activities.
- **Experience pure fun!** Our program keeps children of all ages active and entertained.

The YMCA helps your child thrive physically, mentally, emotionally, and socially!



WHEN:

Wednesdays, 9am-Noon

Note: Swim time provided every Wednesday.

2026-27 SESSIONS:

- **FALL 1:** Aug. 19-Oct. 7
- **FALL 2:** Oct. 21-Dec. 16
(No Class on Nov. 25)
- **SPRING 1:** Jan. 6-Feb. 24
- **SPRING 2:** Mar. 10-May 5
(No Class on Mar. 31)

COST:

\$30 Members, \$35 Nonmembers



REGISTER:

- **In-Person:** Member Services Desk
- **Online:** columbiaymca.org

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QUESTIONS:

Email ashleyfields@columbiaymca.org



NEW! YOUTH FLAG FOOTBALL

SEPT. 7 – OCT. 24, 2026

Willie Jeffries School of Excellence and the Orangeburg County YMCA have partnered to bring co-ed youth flag football to WJSE students.

Players will compete on teams made up exclusively of fellow classmates while developing skills, including route running, throwing, passing, catching, defensive positioning, and game awareness in a fun, non-contact environment.

Practices emphasize fundamentals and teamwork, while game days create a competitive but positive atmosphere.

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Age	WJSE Student Fee	Late Fee*
9-14	\$50	\$15

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More information on back!

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**SIGN UP
TODAY!**



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**VENDORS
NEEDED.
SEE BACK
FOR
DETAILS!**

2026 BACK TO SCHOOL BASH AND ZUMBATHON

SATURDAY, AUG. 8 | 10 AM to 1 PM

Invite your family, friends, and neighbors for the 2026 Back-to-School Bash Zumbathon! Come help Gyptsie and Friends give back to the YMCA! No experience? No worries—Zumba is great for everyone.

This event is **FREE** for members and the community, but donations are appreciated (suggested \$10). Every \$10 donation earns a raffle ticket! All proceeds benefit our Annual Campaign, helping those who need us most.

Vendors needed! See back for details.

columbiaymca.org

Orangeburg County YMCA

**Building a Better Us.
2026 Annual Campaign**

VENDOR OPPORTUNITIES



Back-to-School Bash/Zumbathon

Date: August 8, 2026 | 10:00 AM – 1:00 PM

All proceeds benefit the YMCA Annual Campaign

Vendor Options:

- » Information Table: \$10 – Share info about your business or organization
- » Selling Table: \$25 – Sell your products directly at your table

Important:

- » **All vendors must be approved by the Executive Director.**
- » No duplicate vendors—only one vendor per brand/product.

Secure your spot and join us for a fun, family-friendly event while supporting a great cause!



**SCAN TO
REGISTER**

When registering, please provide:

Information Table:

- » What information or materials will you provide?
- » Will you offer an item for the YMCA raffle?

Selling Table:

- » What products will you sell or promote?
- » Will you offer an item for the YMCA raffle?

Questions: email Jennifer Ballew at
jenniferballew@columbiaymca.org

columbiaymca.org

Orangeburg County YMCA

Building a Better Us.
2026 Annual Campaign

LIVESTRONG

AT THE YMCA



**LIVESTRONG IS A FREE 12-WEEK PROGRAM
DESIGNED FOR ADULT CANCER SURVIVORS.**

This small group program fulfills the important need of supporting cancer survivors in our community. Survivors will work with Y staff, trained in supportive cancer care, to safely achieve their goals such as:

- » Building Strength;
- » Increasing Flexibility and Endurance;
- » Improving Confidence and Self-Esteem.

By focusing on the whole person and not the disease, **LIVESTRONG at the YMCA** is helping people move beyond cancer in spirit, mind and body.

QUESTIONS

Contact Program Director Jennifer Ballew at 803.268.9622 or jenniferballew@columbiaymca.org.



CLASS INFORMATION

Where:

Orangeburg County YMCA
2550 St. Matthews Road
Orangeburg, SC 29118

Start Date: Sept. 14, 2026

Days: Monday/Wednesday

Time: 4:30 - 6:00 PM



**SCAN THE
QR CODE TO
LEARN MORE!**

YMCA OF COLUMBIA

For a better us.



HOMESCHOOL SWIM & GYM OPEN HOUSE

The YMCA Homeschool Swim & Gym Program is a great way to incorporate physical activity, healthy habits, socialization, and play into your homeschool curriculum.

Our program combines structured individual and group physical activities with fitness assessments to support your child's physical, mental, emotional, and social development—through a fun focus on swimming and sports.

Join us for an upcoming Open House to see what it is all about! This **free event** is open to all, but space is limited.
Registration is required.

WHEN: Wednesday, August 12
9:00 am to 12:00pm

WHAT TO BRING:

Be sure to dress for outdoor activities! While we won't be swimming during this event, our regular program does include swim time.

HOW TO RSVP:



**SCAN TO
REGISTER!**

columbiaymca.org/events

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